

Pediatricians: The Worst Crime of Modern Civilization

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"Do No Harm" is the credo that all physicians must promise to upon leaving medical school. This includes ophthalmologists, heart surgeons, orthopedists and podiatrists. Among this group are also pediatricians. One would think that such a simple rule would be easy to follow but we have seen that is not the case. Hundreds of billions of dollars are spent each year in the United States on health treatments and drug prescriptions that are either harmful or non-effective at best.

This brings us to the role of how pediatricians (baby doctors) have created tremendous harm to our society. Up until about a hundred years ago women had the knowledge and the power to birth and raise their children. Mid-wives and doulas were common in women helping other women to come through birth and access very natural and feminine instincts in child rearing.

Under the natural feminine model breast feeding was normal and natural. Sleeping with one's children for the first few years of life was normal. Having a "village" rather than one or two people to raise a child was normal. Birthing a child at home or in some other natural environment was the norm.



Suddenly a shift began to appear as mostly male pediatricians encouraged women to forgo their home births and to birth their babies in a hospital where they were told it was much safer and cleaner. Women began to listen to pediatricians more than their own internal instincts and these core

principles began to change. Babies were no longer being birthed and raised by natural instincts but by science. Pediatricians raised in the model of science began to take over and women gave up their power

and their natural instincts. That shift into being raised by science due to the influence of pediatricians has had dire consequences.

To be fair, there are many kind-hearted and caring pediatricians. They are ultimately concerned for the welfare of the mothers and babies under their care. There are many procedures and medical interventions that have saved the lives of many mothers and babies when a medical intervention was needed. There are even a few wise pediatricians who seem guided by natural instincts and are not beleaguered by the scientific model.

But by and large, the inherent ideology of science taking over instead of nature has left us with a host of both physical and emotional conflicts in our culture. Everything from mental health issues to the addiction paradigm, from childhood attention problems to societal violence can almost certainly be traced back to pediatricians and their common thread of putting science above nature. Nature has been around for perhaps as long as any particle has been in existence. Science is a relatively new-comer with its roots about two-thousand years ago but it has only been in the last one-hundred years or so since it has taken center stage in our lives.

The following are the mistaken beliefs by science-based pediatricians that have caused modern civilization so many problems.



1. Babies don't have feelings

It is easy to see why most pediatricians do not honor the emotional life of a child—they did not believe for the longest time that infants feel. This common misperception is rampant amongst the pediatric community. How could you cut off the end of a male infant's penis (circumcision) especially without any pain killer? Throughout much of the 20th Century physicians were routinely operating on infants without any pain reliever (including open heart surgeries and broken bones). It was commonly believed that the myelin sheath around the nerves of infants was not fully formed so pain could not be felt. They were wrong and millions of infants suffered excruciating pain at the hands of pediatricians.

According to George Hill in 2004, author in CIRP.Org, *Pain of Circumcision and Pain Control*,
"Even with this information, the practice of unanesthetised neonatal circumcision continued. This allowed doctors to conduct experiments into the

parameters of extreme pain during the 1980s and 1990's on human babies that would have been prohibited in laboratory animals."

Today a forty-five year old male might continue to be living in a state of PTSD (Post Traumatic Stress Disorder) because he was circumcised or operated on by a pediatrician at six-months old without any pain relieving medication.

Today's pediatricians fare not much better. How could you encourage a parent to abandon an infant to its own room or crib to experience terror, isolation and abandonment? These emotional wounds are inflicted on a child at an early age as science has taken over and has encouraged parents to follow this abandonment model. Emotional pain is often far worse than physical pain and pediatricians continue to believe that a child's emotional life does not matter. As an adult this wounded individual might continue to suffer from tension, insomnia and paranoia as every nightfall reminds his nervous system of the horrors of his infancy.

2. Babies won't remember what happens to them

It is commonly believed by most pediatricians that babies will not remember what you do to them. The belief is that you can stick needles into babies, cut them, poke them and perform all sorts of painful procedures and a young child will not remember this later on. This belief is wrong as babies do remember what happens to them and it often has dire consequences.

Sometimes traumatic events are those of a physical nature like a surgery or a hospital stay. Sometimes those events are emotional like being abandoned to your own room and crib in the dark all night long. These memories are wired into the baby's nervous system and often are agitated again as an adult. For instance, if a child remembers the coldness of parents that never picked him up or comforted him as an infant he will often transfer this to his adult life. He will mistrust people and have few, if any, intimate relationships.

3. Science knows best

Most pediatricians are trained under the belief in the mighty power of science to fix and cure all things wrong. Science has become the backbone of American medicine in the last hundred years and has created dire consequences because of this. Science, while lauded as having the ability to intervene in emergency situations (like surgeries or trauma care), does a very poor job at health care. In fact, it could be argued that our society is as sick as it is because of our reliance on scientific medicine which relies mostly on drug therapy.

If a infant has an earache at 3 months of age a pediatrician might automatically prescribe an antibiotic. This might cure the earache but

now the side effects might damage the child's health for the rest of his life. The antibiotic might kill the good gut bacteria causing the baby to not absorb nutrients well, to be bloated, sickly and prone to other infections. The pediatrician under the AMA model (American Medical Association) has now condemned this child to a life time of poor food absorption.

Science does not always know best. In fact, there are many natural sources of antibiotics that would cure an infant's earache without the harmful side effects. Most pediatricians are reluctant to use natural solutions and will reach for scientific ones instead.

4. Self-soothing is good for a child

Most pediatricians teach young parents to let their young infants self-sooth themselves. This is one of the worst crimes of the centuries. No mammal would ever do that to their young but pediatricians have convinced human parents to do so. Self-soothing involves placing an infant in its own room, its own crib alone and in the dark to try to make sense of the world. Pediatricians tell parents that they do not want their children to become too clingy or needy so separating them at birth is necessary.

Any group living close to nature would never allow this. A child is held, comforted, slept with and looked over twenty-four hours a day seven days a week. In fact, almost no other mammal will abandon its young at night. They all sleep together. Even human adults prefer to sleep next to another person. This provides a sense of safety and reassurance. Yet human babies are treated differently as if they were things and their emotions and inner sense of safety did not matter. Infants are routinely abandoned to their own aloneness which helps to create an inner sense that the world is an unsafe place.

The child in the natural world is often strapped to the front or the back of a mother or other relative if the adult must engage in work or travel. Someone, whether it is a parent, grandparent, sibling or other relative is always sleeping with them in the family bed where there is human to human contact. In fact, this child will never be alone for the first two to three years of life.





Why is this important? When we are born we are not born with a belief that the world is a safe place or not. By direct experience and over time our young brains will either formulate the belief that the world is a safe place or an unsafe place. The self-soothing model almost always instills in a child the belief

that the world is an unsafe place and there is something wrong with us for being abandoned. This is called "internalized shame". The child who is constantly comforted for the first few years of life will have a strong sense of self, feel secure in the world and will not always be looking over his shoulder for danger. The self-soothing model only activates our stress response for our entire lifetime where we become afraid of everything and never have a sense of belonging anywhere. We mistrust everyone and are wary of letting go of control.

5. A child will out-grow most things

A common belief among pediatricians is that an infant will out grow many of his early difficulties, from health issues to behavioral challenges. The reality is that a child often compensates for these difficulties but never really out grows them.

For instance, a child who views the world as an uncaring and cold place might often develop mental health issues and learning disabilities early on. These internal conflicts do not ever go away. You might see this same person as a teenager who has trouble in school and has violent tendencies. The original core belief was never changed and the person just continued telling himself the same story every day. An adult with many difficulties most likely began as a child with many difficulties left in the hands of ignorant or unaware adults. If you start out on the wrong foot it is very difficult to catch up or change things later on.

6. Babies are things; they are not real people

Babies are often treated as a "thing" rather than as a real human being. No caring person would ever treat a baby the way they are treated unless they did not view them as less than a real person.

Babies are seen like circus animals or rodeo animals. A baby African elephant in a traveling circus will be tied to a chain for months or years until its spirit is broken and it just gives up. It no longer tries to run away because it believes that it cannot escape, even when the chain is removed. A newborn baby forced into its own crib to tighten its body and fend off the world for itself in its darkened enclosure will soon give up too and lose its spirit. The baby believes after a while that no matter how much he cries that no one is coming to the rescue.

This is the common belief perpetrated by the pediatric community. We have already seen how pediatricians did not believe that infants felt pain so they could do whatever they wanted with them without feeling any shame. This behavior is only possible if you believe that a child is not really a person but a thing.

This is the same concept in war. You cannot kill another person if you believe them to be a human being like you. You can only kill someone if you demonize them and objectify them as not being a real being. Just like in America, a dog is a being with a heart and spirit. Thus the dog becomes the favorite family pet. In countries like China, the dog is seen as a source of food and becomes the family meal. When you objectify something you now have permission to hurt it.

7. Hospitals are safe places

Over one-hundred years ago women were encouraged by pediatricians to enter into hospitals to have their children. The scientific model promised a safe and clean environment to make things easier for everyone. With its glossy white walls and sterile instruments the great promise was that this institution was a much better place for women to give birth rather than their home or other natural environment.

If that were true, why does the United States rank last among all industrialized nations in infant mortality rates? In the year 1900, nearly all births occurred out of a hospital. In 2015, only about one-and-a-half percent of births occurred out of the hospital. Countries like Finland and Denmark, where over 50% of the babies are born at home, are at the top of the list of infant mortality while the United States with almost all hospital births is at the bottom (number 27).

In their attempts to be overly cautious in birthing, hospitals, obstetricians and pediatricians use many drugs and procedures that may complicate a birth. Most of the problems that arise in a hospital birth are actually caused by the medical staff themselves. For instance, a drug that may be used to cause uterine contractions in the mother (to shorten the labor) will often affect the baby in not being able to breathe. As the baby enters into the world his lungs have been damaged by this drug and if he survives he might spend a good deal of time in the neo-natal ICU until he can breathe on his own.

In a hospital setting there is no such thing as a natural birth. A birth is considered a trauma or an emergency procedure, even when everything seems to be going right. Doctors and nurses are busy with their drugs, suction devices and needles. The time of day that a birth occurs also might be a part of this. Experienced staff usually work the day shifts. If you are having a baby during the night shift you are usually getting the interns and those with far less experience in how to operate all of the technological machines. You might have the best equipment available but it might be used by a novice right out of nursing school.

Pediatricians and nurses often cut the umbilical cord of the baby very soon after birth. The baby might still not be able to breathe on its own due to weak lungs or fluid in the lungs and now you are cutting its primary supply of oxygen. This procedure often leaves infants with blood toxicity or breathing difficulties.

8. Vaccines are safe

The *American Academy of Pediatrics* has whole-heartily endorsed the widespread use of childhood vaccines and continues to call them "safe and effective". If that were not enough, in some states a parent no longer has a choice as to whether they can vaccinate their children or not. Pediatricians have lobbied for laws to be written that demand that parents vaccinate their children.

The reality is that vaccines are neither safe nor effective and the only ones profiting are the pediatricians and the pharmaceutical companies. Today's child will receive upward of 69 vaccine shots by the time he is eighteen years old. These often require payment for office visits to the pediatrician, hence more ways to get parents to have to go for a doctor's visit.

According to *Health Impact News*, pediatricians have turned routine baby checkups into battle grounds for vaccine shaming. If a parent refuses to accept a vaccine for their child or wishes to delay it



the pediatrician will often refuse to keep the parents and child in their practice. "Blind obedience" or nothing at all according to many pediatricians. **Vaccine Damage**

As of March 30, 2018 the United States Vaccine Court has settled the cases of 5581 claimants with over 3.6 billion dollars in award money where vaccines have injured or killed people. While only a few of the millions each year who experience adverse reactions to vaccines will report them, the ones who do draw our attention. Vaccines are the only consumer product on the market with such a high failure and injury rate yet are still allowed.

For instance, a few airbags for automobiles exploded prematurely injuring or killing the drivers. (There were at least 22 deaths and 230 people injured from these airbags). Millions of airbags have been recalled by the government and the company (Takata) fined a billion dollars for its recklessness. Pediatricians and the United States Government continue to bend over backwards to push the use of vaccines—despite their high rate of injury and death. In 2006 Dell Computers recalled over 4 million lap top computers because a handful of them had exploded when their batteries overheated. The entire group of computers was deemed unsafe. Vaccines are almost never recalled despite many people being sickened by them.

Every year batches of dairy, meat and agricultural products are recalled because of people getting ill and often dying from them. As recently as November 2018 an outbreak of E. coli bacteria was found in romaine lettuce causing about 45 people to become sickened. As a result, all of the romaine lettuce in the entire country was thrown away as it was seen as unsafe. This product recall happens every year for a variety of consumer products from foods to electronics that injure and kill people. Vaccines are the only consumer products that have a carte blanche decree that no matter how many people are injured and killed by them they will continue to flourish without any restrictions.

According to *The Vaccine Reaction* there are at least 400 young women who have died from the HPV vaccine given to young girls in the United States alone. Another 275 have died in Europe from the same vaccine. Pediatricians are now recommending that pregnant women receive a flu shot despite the dubious success rate and the amount of poisons in a flu shot. We shame women who wish to drink alcohol or smoke cigarettes while they are pregnant. Why would you want to subject your unborn infant to such toxins? Yet pediatricians will routinely inject a pregnant mother with a flu shot that contains such heavy metals like mercury, aluminum and carbolic acid.

The 2017/2018 flu shot was rated as being 35% effective by the CDC (Center for Disease Control). The flu shot also contains such poisons like aluminum, ethylene glycol, formaldehyde, mercury and carbolic acid. After a flu shot millions of patients might have a mild to severe reaction. This reaction could be something as benign as sweats, fever, rashes or nausea. It could be something as serious as a seizure. Patients are reminded that they cannot get the flu from the flu shot: they just have "flu like symptoms". Many people still get the measles

despite already having received a measles shot in the past. How effective is that when the vaccine only protects some people?

No, for anyone to actually believe that vaccines are safe and effective is absurd. Vaccines are a product with a high failure rate and low success rate. If one piece of playground equipment injures or kills a child then all equipment just like it is quickly removed from every playground across the country. Yet many people are injured or killed by vaccines and we continue to call them safe. Pediatricians have led this campaign.

9. Powdered milk is just as good as a mother's breast milk

Today's modern pediatrician most likely has a very favorable view on breast feeding compared to times in the past. While most pediatricians usually encourage women to breast feed their newborn infants, the pediatric community has always had a conflicted view on breast feeding. Many pediatricians suggest breast feeding as an option. They suggest that infant formula is just as good for an infant and if a mother chooses not to breast feed than infant formula will work just as well.

While positive views on breast feeding are changing (increasing), this was not always the case. In the 1960's and 1970's for instance, the pediatric community had convinced young mothers that breast feeding was not necessary. They concluded that science was a better creator than nature and why go through the uncomfortable process of breast feeding when science could deliver a perfectly nutritious bottle of powdered formula. Hence, during this period breast feeding had been reduced to about 25% of women. A 2013 study by the CDC (Center for Disease Control) found that about 77% of American women will breast feed their infant most of the first six months after birth.

The American Academy of Pediatrics has very close ties to the pharmaceutical manufacturers of infant formula. Many pediatricians receive perks from the formula companies like diaper bags, formula coupons and other incentives to get a new mother to buy formula instead of breast feeding. According to *Breast Feeding USA*, pediatricians are giving mothers a mixed message.

First off, a mother's breast milk is not just filled with all of the nutrition that a child requires but so much more. Antibodies required for natural immunization are found in breast milk. It is possible for a

child to require few if any vaccinations if breast fed because a mother's breast milk will provide much of the natural immunization required. The immune system of the child will be greatly



enhanced by breast milk as natural virus and bacteria killing cells are also in breast milk.

A child who is breast fed most often has a closer bond with a mother, feels more connected and less abandoned. There is no doubt that breast feeding brings skin to skin contact between a mother and a child. This makes a child feel safe and secure while imprinting the belief that the world is a safe place and all is well. While it is possible to receive the same benefits from bottle feeding you often do not have the same bonding or skin to skin contact. Feeding becomes more of scientific gymnastics as a feeder can be close up to the baby or even several feet away as he is being fed. There is no assurance that the baby is held close and receives the primal bonding experience.

Breast feeding is not just about the nutrition in the milk. Breast feeding should be a mandatory process and only bottle fed formula should be used if the mother is unable to breast feed or another complication arises. Infants are not scientific experiments that need protein, carbohydrates and fats in order to survive. Infants need human contact to reassure them that all is well and to imprint those positive memories into their brains. Pediatricians have often been the instigators of removing this very natural event from the mother and the child.

10. Cesarean Sections (C-Sections) are safe

C-Sections were developed to save the life of the mother or infant in the case of a birth trauma or emergency. To this day these surgical interventions have saved many lives and need to be honored. However, C-Sections are no longer a rare outside chance but now becoming the norm. In 1970 the C-Section rate was about five percent. Now nearly one in three births happen through C-Section in the United States. Many times a C-section is selected not for emergency purposes but because the mother is impatient or the doctor has someplace else to be. While these decisions are done by obstetricians and not pediatricians most pediatricians favor this approach.

The problem with C-Sections are many. Like with any surgery there are many dangers associated with C-Sections. There is a chance of blood clots or internal bleeding for the mother. Infection and internal hemorrhage can also be a factor. A mother and the infant might have an allergic reaction to any pain medication being administered. Women who receive a C-Section over a vaginal birth are 2.3 times more likely to have to be readmitted to the hospital within thirty days of birth due to complications.

With a vaginal birth both mother and child are inundated with hormones that help them bond to each other. This helps to set the infant on a course of connection right away with his or her mother. Also, a mother receiving a C-Section will most likely be heavily drugged and not able to bond right away with the infant. The infant

most likely will have to be placed in an incubator until the mother is coherent. While the mother is being sewed back up the baby is treated like an "it" while being removed, measured, weighed and isolated, further complicating bonding issues.

Dr. Jan Blustein of New York University's School of Medicine and Dr. Jianmen Liu of Peking University found that a child born through a C-Section was more likely to have health problems later on in life which included such things as diabetes and asthma. With a vaginal birth a child is most likely to be the recipient of the mother's beneficial microbes to help with immunity and digestion. A C-Section will not provide these helpful microbes.



The village

It takes a village to raise a single child

The scientific approach is that a nurturing family is all that is required to raise a child. This could be a couple, a single parent or a grand parent. How wrong can that be? This rather callous approach is that if you just adequately feed your child, clothe him, spend time helping with homework and attending his sporting events that you have done enough for him to be a successful human being.

Most adults have little to no emotional training. How do you expect them to pass on an inner world of emotions when the adults do not have access to their own emotions and live in their heads like a scientific journal? A pediatrician rooted in the scientific model will not honor or respect the inner life of a young child but will treat the baby as a thing. For instance, "caring" does not mean "educated". A caring pediatrician might give a lollipop to a young child after injecting him with a vaccine that causes "flu like symptoms". Just because one is caring does not necessarily mean that they are honoring the laws of nature ensuring the most beneficial welfare for a child.

The entire village is needed to ensure that a child feels safe and supported in the world. He needs to be sleeping next to another trusted person. He needs modeling and comfort. One or two individuals might be enough to provide for the external needs of a child but most likely not for the internal needs. A family living

according to nature would never leave a child unattended for the first couple years of life. The practice of continual contact begins to develop an inner core belief that the world is a safe and nurturing place.

Social Effects

In the last few decades we have seen an uptake in domestic violence from school shootings to church massacres. We are besieged each day by the latest horrific report about a single gunman (usually a male) who has gone off. We used to call this "Going Postal" in reference to work place violence where a postal worker would kill many of his colleagues.

Almost all of these violent episodes can be traced back to parenting and advice from pediatricians about self-soothing. All of these adult gunmen did not get held enough. All of these violent offenders never felt safe in the world because they were never given the inner resources on how to do that. It is not a mystery that studies have shown that certain tribes that held and slept with their infants have raised children into adults that feel safe in the world and are non-violent.

Other similar tribes that abandoned their infants to their own sleeping chambers and rarely picked them up have shown quite the opposite—an affinity for violence and acting out. A child who grows up not feeling safe in his own skin will always be on alert for danger and will need external objects in order to feel safe like guns, knives, aggressive dogs etc.

The current opioid crisis and across the board addiction epidemic is not about drugs or other harmful chemicals. It is about people who do not have a relationship with their own emotions because they were parented in a way where their inner life was never honored and supported. Current pediatric trends of abandoning an infant to his own room to self-soothe is at the root of adults who are frozen at their core, scared of their own emotions and who keep looking for highs in order to not feel this inner pain.

What is happening in our society is a direct result of how we were taught to parent our children. The self-soothing approach recommended by most pediatricians has led to a culture that is very out of touch with our inner feelings. When a child is left to comfort himself at an early age he does not acquire the tools to process his own inner feeling later on. Missing this inner bonding early on, when he experiences a trauma later on he does not have the skills to process it and release it. Thus he may "act out" in society (drug use, violence etc.) because he is suppressing his inner conflicts and expressing them in an outer way. Men and women experience PTSD (Post Traumatic Stress Disorder) only because they never had the internal

skills as infants to process traumatic events that later occurred as adults.

Science and not womens' wisdom has birthed and raised us and we are currently paying the price for it. What was initially an all male environment has since diversified with women having careers as pediatricians. Unfortunately the same patriarchal model of child rearing continues. Womens' instinctual knowledge and power has been stripped away from them by a male dominated field of science driven individuals. When women were coerced to come into hospitals and leave their natural instincts behind to follow the guidance of pediatricians they gave up something near and dear to them.

By not honoring the laws of nature most pediatricians are doing a great deal of harm to individuals and to society at large. Most people fail to make the connection that a heroin addict living on the street began his journey of inner conflict way back in the cradle when he was left to self-soothe. That violent male who just killed his fellow employees began his life of self-sabotage long before he became an adult, most likely in the first months of life. We are not things that can be harmed and expected to forget what happens to us. Once we begin to honor the emotional life of an infant and return natural wisdom to women will we begin to see the positive transformation of our society.

Solutions

1. Birthing Centers

All babies should be born in birthing centers and not in hospitals. Birth need not be turned into a medical emergency situation and women should be involved in helping other women give birth. Doctors should be left out of the equation and only allowed when there is an imminent emergency. Birthing centers might have a neonatal emergency center attached and only be used when necessary and not when convenient.

2. Pediatricians are consultants not gods

Pediatricians must be seen as consultants and not as authorities. Women's wisdom must take center stage over scientific medical interventions.

3. Parents must take classes

All first time parents are required to take birthing classes and child rearing classes. This will help prepare an adult to support not just the physical needs of the child but the emotion needs as well.

4. Mothers must prepare for birth

Birth should not be just about scheduling a C-section and then once the baby is born handing him off to the nanny. Mothers are

still the primary care giver for children and this ancient ritual needs to be honored and respected.

5. Support groups

Support groups for young mothers must be formed. This could be through government run organizations like libraries, post offices, schools etc. or through privately funded institutions like Planned Parenthood. Women often feel lost and rely too much on the advice and support of a pediatrician to raise their child.

6. Mother's mentoring other mothers, a sponsor

Like in some 12-step groups, some women might need a sponsor who has raised children to be her coach. This life experience is invaluable. Just like a Big Brother or Big Sister organization this would be a similar concept where a young mother has an experienced older woman to help her and give her advice.

7. Nature before science

Nature always needs to come before science. While science might be able to create some life-saving procedures, in the long-term it cannot compete with the wisdom of nature for long-lasting health and wellness.

Resources

1. Doctors Giving Procedures That Do Not Work

<https://www.theatlantic.com/health/archive/2017/02/when-evidence-says-no-but-doctors-say-yes/517368/>

2. *Immaculate Deception II; Myth, Magic and Birth* by Suzanne Arms

3. Belief that infants did not feel pain

<http://www.cirp.org/library/pain/>

4. Babies do remember trauma

<https://www.elementsbehavioralhealth.com/news-and-research/babies-can-remember-traumatic-events-for-years/>

5. Infant mortality rates

https://www.washingtonpost.com/news/wonk/wp/2014/09/29/our-infant-mortality-rate-is-a-national-embarrassment/?noredirect=on&utm_term=.66712ff4515d

6. Hospitals are not safe

<http://pathwaystofamilywellness.org/Pregnancy-Birth/dangers-of-hospital-births-why-birthing-in-a-hospital-can-cause-more-problems-than-it-solves.html>

7. Vaccine Court payouts

<https://healthfreedomidaho.org/vaccine-court-has-paid-37-billion-in-damages-to-families>

<https://globalfreedommovement.org/whopping-vaccine-injury-payouts-for-us-fiscal-year-2017-released/>

8. HPV vaccine

<https://thevaccinereaction.org/2018/09/gardasil-was-linked-to-my-daughters-death/>

9. VAXXED, the movie

10. C-Sections

<https://www.cbsnews.com/news/c-section-cesarean-births-child-health-problems-asthma-obesity-diabetes/>

11. Microbes from birth

<https://blogs.scientificamerican.com/guest-blog/shortchanging-a-babys-microbiome/>

12. *My Name Is Chellis Glendening and I am in Recovery from Western Civilization*, Chellis Glendening

13. Gardasil deaths, Washington Times

<https://www.washingtontimes.com/news/2014/dec/31/us-court-pays-6-million-gardasil-victims/>

<https://www.bmj.com/content/358/bmj.j3414/rr-13>

14, Infant formulas

<http://www.contemporarypediatrics.com/pediatrics/concise-history-infant-formula-twists-and-turns-included>

<https://breastfeedingusa.org/content/breastfeeding-usa-urges-american-academy-pediatrics-aap-divest-its-association-formula>

15. *Pushed: The Painful Truth about Childbirth and Modern Maternity Care*, Jennifer Block

16. *Health Impact News*, Pediatricians demand total compliance or no treatment at all

<http://healthimpactnews.com/2018/the-vaccine-wars-how-most-pediatricians-now-represent-big-pharma-instead-of-their-patients/>

17. *Inner Bonding*, Dr. Margaret Paul

18. *The Continuum Concept*, Jean Liedloff

19. *The Secret Life of the Unborn Child*, Thomas Verny, M.D., and John Kelly